Sailing Skills Development
Saturday, March 7, 2020 9:30AM-5:00PM

Agenda (subject to refinement)

Registration   Attendees Register   9:30 – 10:00
Introductions (15 minutes)    10:00– 10:15

Module I   Theory of Sailing; Points of Sail
(45 minutes)    10:15 -11:00

Module II   Sailing: Part 1. Sails and Sail Controls
(45 minutes)    11:00 – 11:45PM

Module III   Sailing: Part 2. Boat Handling; Tacking; Gibing
(45 minutes)    11:45-12:30

Lunch Break   Lunch Break for Everyone
(30 minutes)    12:30– 1:00 PM During lunch, hands on boat models

Module IVa   Knots –Beginner
OR Module IVb   Knots Advanced
(45 minutes)    1:00-1:45 (select one)

Module Va   Basics of Boat Handling under Power
(30 minutes)    1:45 – 2:15

OR Modules Vb   Man Overboard (30 minutes)    1:45-2:15

Break (15 minutes)

Module VIa   Rules of the Road
(45 minutes)    2:30 – 3:15

OR Module VIb   Navigation Lights & Sounds
(45 minutes)    2:30 – 3:15

Module VIIa   Chart Reading

OR Module VIIb   Plotting Fixes & Courses
(45 minutes)    3:15-4:00

Module VIII   Weather (30 Minutes 4:00-4:30)

Wrap-Up & Survey (15 minutes)
Once again on March 7 the Philadelphia Sailing Club will sponsor an all-day course featuring instruction of skills needed for sailors of all levels. The classes will be focused on those skills most helpful in sailing on yachts 25-45 feet. You do NOT need to be a PSC member to participate but must be 21 or older, or 15 or older accompanied by someone 21 or older.

The basics of sailing (which are useful for those wishing to sail any size boat) will be taught including: the theory of sailing, how to tack and gybe, and sail controls and how to use them to get the best speed. For afternoon classes registrants may choose between two different classes at each step: (1) Basic or Advanced Knots, (2) Boat handling under power or Docking, (3) Rules of the Road or Navigation Lights & Sounds, and (4) Chart Reading or Plotting Fixes and Courses. With lots of choice there will be content for sailors at all levels.

ON YOUR REGISTRATION FORM (ATTACHED) PLEASE INDICATE IN WHICH GROUP YOU WISH TO BE INCLUDED FOR EACH OF THESE FOUR (4) MODULES.

The classes will be taught by experienced skippers who can also share their insights about cases that class attendees may wish to discuss. Instruction will be supported by graphics, videos and hands-on experiences.

The **cost for the whole day of classes is ONLY $25** because this event is being underwritten by the Philadelphia Sailing Club and supported by volunteers from its membership.

These classes will **be held at the Tredyffrin Library, Strafford, PA from 10:00AM to 4:45M.** Check-in and coffee and donuts beginning at 9:30. A light lunch will be provided at midday. **Class size will be limited to about 30 people** in order to ensure quality of interaction. In the past these classes have sold out early so register soon! Registration will only be effective upon receipt of a **registration form** and a check **made out to Philadelphia Sailing Club mailed to: Ralph Harris, Box 264, Worcester, PA 19490-0264**, or given to Ralph Harris at the next PSC General Meeting (February 19).

As a follow up to this course, consider the PSC Spring Skills weekend May 16 & 17 to put newly acquired knowledge to work on large sailboat on the Chesapeake Bay with experienced coaches on board. **You must be a member of Philadelphia Sailing Club to register for the Springs Skills weekend** on the boat class.
2020 REGISTRATION FORM

PHILADELPHIA SAILING CLUB SAILING SKILLS DEVELOPMENT
CLASS SIZE LIMITED TO FIRST 30 REGISTRANTS (PAID)

Name:____________________________ Phone: ___________________ Email:_____________________
PSC Member (not required)  Y    N

Level of experience and base knowledge (check a box or enter a number if multiple registrants)

<table>
<thead>
<tr>
<th>Level</th>
<th>Description</th>
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<tbody>
<tr>
<td>Beginner</td>
<td>not sailed, sailed a few times as crew. Want to learn about how to sail</td>
</tr>
<tr>
<td>Intermediate</td>
<td>know a few of the principles of sailing. Want to learn how to sail larger sailboats.</td>
</tr>
<tr>
<td>Advanced</td>
<td>know how to sail and operate a large sailboat. Want refresher and better understanding how to communicate principles to crew members</td>
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# of persons_____ at $25.00 = ______

Which Module IV? (indicate number in each if registration is for more than one person)

A. Basic Knots _________        B. Advanced Knots _________

Which Module V? (indicate number in each if registration is for more than one person)

A. Boat Handling under Power _____    B. Man Overboard Recovery Techniques ___________

Which Module VI? (indicate number in each if registration is for more than one person)

A. Rules of the Road- _____    B. Navigation Lights/Sounds_____

Which Module VII? (indicate number in each if registration is for more than one person)

A. Basic Chart Reading ______   B. Plotting Fixes and Courses ______

Submit check or cash at meeting or send check in mail
Make checks payable to The Philadelphia Sailing Club
Write “Sailing Fundamentals” in memo section of check.

Mail Checks to: Ralph Harris,  Box 264, Worcester, PA 19490-0264.
Phone for questions: 610-933-2406